

ONLINE

THE
SWINGERS
DANCE INC



AGE 3- 5 YRS

BOOGIE UP

THEME BASED
CHOREOGRAPHY

ONLINE DANCE CLASSES FOR CHILD & MOM

CLASSES WEEKLY TWICE 1 HR EACH
INDIVIDUAL ATTENTION GAURENTEE



TRAIN WITH BEST



HIGHLIGHTS

**BODY MIND COORDINATION - SENSE OF RHYTHM - IMPROVES FLEXIBILITY - POSTURE CORRECTION
PROMOTES GROWTH - DEVELOPS DISCIPLINE - IMPROVES FOCUS - BUILDS IMMUNITY & ITS ABSOLUTELY FUN**

PERFECT FOR

BOOGIE UP IS FOR OUR YOUNGEST
DANCE FANS, FOR AGES 3-5 YEARS
OLD AND THEIR CAREGIVER WHO
ARE LOOKING TO HAVE SOME FUN
AND BONDING WITH THEIR LITTLE
LOVED ONES



ONLINE -HOW IT WORKS

Classes are twice a week for 60 minutes each & 8 Sessions a month. Mom /Caregivers receive the instructions along with the children & help communicate to thier little ones in the best possible way. This will make the learning very easy comfortable & efficient .This Programme will evolve & develop childs interest in dance at their very own home.



ISOLATION EXERCISES

CREATIVE MOVEMENTS

RHYTHMIC CO-ORDINATION

BENEFITS OF BOOGIE UP PROGRAMME

- BODY AND MIND CO-ORDINATION
- SENSE OF COUNTS AND RHYTHM
- FLEXIBILITY AND MUSCLE TONING
- NEW SONGS EVERY FOUR WEEKS
- HELPS THEM TO GROW TALL
- DEVELOPS COMMUNICATION
- DEVELOPS IMMUNITY
- DEVELOPS CONFIDENCE
- IMPROVED BALANCE, POSTURE AND
- COORDINATION



DANCE FORMS

Most of the dance routines used in this programme is to develop child's knowledge in dance. Jazz Funk, Free style & Theater forms are some of the styles used in this programme to develop child's interest and keeps the interactive experience alive. We also incorporate Fun based themes and songs like super heroes & Jungle keep making movements with task.

DRESS CODE & OTHER CLASS ACCESSORIES

- T-SHIRT
- SHORTS
- TRACK PANTS
- COTTON SOCKS
- TOWEL &
- WATER BOTTLE

CLASS STRUCTURE

- 5 MINS WARM UP & STRETCHING
- 5 MINS BALLET TECHNIQUE
- 5 MINS STORY / 5 MIN FREE STYLING
- 40 MIN CHOREOGRAPHY & TRAINING





ABOUT SWINGERS

The Swingers Dance Inc is a leading dance institution associated with Broadway Dance Center, New York having branches at Chennai & Bangalore . We trained more than 100000 dance professionals including dancers, choreographers and teachers in studio & over 6000 students online since last year

ARTISTIC DIRECTOR

Mr.Prasanna started his dance career at the age of seven and has undergone extensive training in dance at several internationally acclaimed dance Institutions across the world including "Edge Performing Arts" California, "Broadway Dance Center" New York. He has taught classes and performed many productions across United States of America and United Kingdom.



Mrs.Indu
(Student Mother)

Ater joining Swingers she has diverted herself from Mobile & Tv.. By Joining classes her stage fear completely vanished.



Mrs. Rumani Jain
(Student Mother)

I can see lots of improvements on her flexibility . Its pleasure to watch him dance around the house everytime he hears the music



Mrs . Monisha
(Student Mother)

Her Ablity of concentration changed immensely & i can see lots of diffrence on her posture & stamina

